

IL SETTE COLLI - La Sabina

Memorial Fabio Filippello

3/5 - 5/7 October

Dear Friends, neighbours and strangers,

Here I am as per usual with our Lazio event. As you will know, this year it will be taking place in Sabina to commemorate our dear Fabio who felt a bond with this territory.

We will indulge in sightseeing some romantic and incredible places, travelling through green and blue landscaped that replenish the heart and eyes. In a holiday fashion, we'll enjoy this event between friends and our beloved MG's!



Friday 5th October

Our first visit will be at the Sant'Antonio estate. Gioele and Stefano produce flour and pasta "Grano duro senatore Cappelli" who will fill us in to the story of this centenary grain, rediscovered today and used in quality cooking.

At the end of the visit we all head to our cars for the regularity race valid for the Silver Cup that in this occasion also includes the Carlo Fiani prize, our Carletto!

Once the race is done and won, we'll head towards Poggio Mirteto...and here...there will be a delightful apericena awaiting! It suffices to say tartar of chiamina...and if I tell you so as a Florentine, you can believe me! We will later retire to the Castello and good night. www.castellorsini.it/en/home



Saturday 7th October

In good speed, but not too early, as are the likes of the Lazio regional director, we will depart from Lago del Turano, 536m above sea level and where the Colle di Tora and Castel di Tora face each other. Throughout the journey, before arriving to Colle of Tora, a wonderful belvedere opens up with a breathtaking view, a snippet from a fairytale, an enchanted landscape impossible not to photograph! Once we arrive at the Turano Resort, www.turanoresort.it/en/index thanks to the lega navale of Castel di Tora, we will embark by the lake to meet the unique medieval borgo of Castel di Tora, perched on some 600m tall rocks framed by a splendid forestal landscape.

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After our visit, our menu for lunch will be fish fresh from the lake like you've never had before.

In the afternoon we will head to Collalto Sabino, and after a few curves we arrive where we find in front of us the ancient Borgo, bedecked by the imposing medieval fortress.

This is one of the most stunning borghi in Italy, picturesque and well preserved, it rises 980m in a prestigious area at the border with the Abruzzo region.

That's enough for today, we'll return to the Castello and get ready for dinner and awards!

Sunday 8th October

As per usual, not too early but punctual, we'll depart for the Abbazia di Farfa, last cultural stop of our tour and true jewel of Sabina.

Immersed in a tranquil and silent atmosphere impossible to describe... the visit to the Abbazia deserves to be seen. All throughout and through the Emanuele Luzzanti museum, history awaits eager to recount our past. <http://www.abbaziadifarfa.com/>

....and so, we have concluded our trip, but we can look forward to our last lunch at the Ecofattorie Sabine. A frugal lunch, farewells and safe journey back, see you soon!!!



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PRE-TOUR Sette Colli

For those who come from afar, Piero has organised a pretour arriving on Wednesday 3rd of October directly in the Piediluco hotel. <http://miralaqohotel.net/>

Thursday 4th October we are leaving from Amatrice, known worldwide for its typical pasta... the amatriciana, though sadly it has been known more as the victim of the devastating earthquake in august 2016.



This will be an occasion to help and support this territory which needs to flourish again. After lunch we will move to Leonessa, full of history, monuments, works, of art of culture and tradition. Then we return to the hotel.



On the Friday morning, we our visit to the Franciscan Sanctuary of Greccio awaits us, known as the Franciscan Bethlehem, where the tradition of the nativity scene.

At the end of our visit we will again drive to Poggio Mirteto for lunch, after which we will join the others.

I look forward to making the most of this tour together and I hope it will leave you with some wonderful memories!

Guidetta